

## SKI-ORIENTEERING FINNISH CHAMPIONSHIPS IN LONG DISTANCE (WRE)

7<sup>th</sup> of March 2015 KUUSANKOSKI, KOUVOLA

### Finnish Championships Long Distance, Saturday 7<sup>th</sup> of March

**WRE Categories:** M21 and W21.

**Guideline-times:** According to Finnish Orienteering Federation (SSL) regulations. Expected winning times will be in class M21 80-90 minutes and W21 65-75 minutes.

**Entry fees:** Both categories 29,85€. And it must be paid not later than 26th of February 2015 to the account: Kouvolaan Suunnistajat, FI75 5750 0120 2124 45.

**Start:** Interval starts beginning 10:30. Distance to start is approximately 2,2km.

**Registration:** Registration using The Finnish Orienteering Federations IRMA-system. Registration closes Thursday 26<sup>th</sup> of February 2015 at 23:59. Registration after closing is not possible. Foreign competitors registration will also be accepted with email. Email address for registration is [timo.harju@kymp.net](mailto:timo.harju@kymp.net). Email has to contain at least the following details of competitor: family name and first name, gender, year of birth, Federation, the class which will participate.

**Map:** Printed map from February 2015 in scale 1:12500, size A4S or A4. Maps will be returned after Sunday's last mass start (all competitors have started).

**Punching system:** Using Emit Touch Free Punching system (EmiTag). Remember to give EmiTag-number when registration. If EmiTag-number is not given during registration organizer will automatically sign a rental EmiTag and rental fee of 5€ must be paid with cash when retrieving rental EmiTag from INFO.

**GPS-tracking:** Organizer will name competitors and teams who will receive GPS-tracking devices before start.

**Driving instructions:** Guidance is from junction of roads VT12 and VT6 and also from junction of roads KT46 and 365. Guidance will be in place starting Saturday 7<sup>th</sup> of March at 8:30. Parking is near competition center.

**Competition center:** Kuusankosken Urheilutalo (Kuusankoski Sports Arena), Address: Uimahallintie 10, Kuusankoski. Distance from parking 50-500m. There is indoor space for changing clothes and showers.

**Equipment maintenance:** Area for ski waxing outdoors with electricity

**Start times:** Start list will be published in competition pages:  
<http://www.kouvolansuunnistajat.fi/kilpailu/hisu-sm-pitka-ja-viesti-2015> 4th of March 2015.

**Terrain:** Same area as 2012 Finnish night orienteering championships. This map will be available in competition web-page.

**Embargoed area:** Embargoed area is displayed in map register (karttarekisteri) and competition web-page. Training is forbidden until Sunday 8<sup>th</sup> of March 2015. Moving along ski-track without a map, is allowed until 15<sup>th</sup> of February 2015.

**Children:** If necessary child care can be organized. Notification (age, amount of children etc.) latest 1<sup>st</sup> of March 2015 to: [vaaranen.sari@gmail.com](mailto:vaaranen.sari@gmail.com)

**Restaurant:** In competition center warm food will be available and cafeteria serving snacks.

**Temperature limit and cancellation of competition:** Temperature limit is -20C. Cancellation due to cold weather or the lack of snow will be published in internet :

<http://www.kouvolansuunnistajat.fi/kilpailu/hisu-sm-pitka-ja-viesti-2015>. In the case on cancellation due to forces of nature organizer reserves the right to withhold a portion of entry fee according to regulations.

**Organisation:** Director of competitions Petteri Rankinen (050 3009575), Leader of course setter-group Rauno Vanhalakka, TA and WRE supervisor Hannu Myllärinen (JoKu), Course-supervisor Petri Kiiskinen (RasPi), Publicist Kirsi Kiiskinen (044 2204168)

More information about competitions and services in the region can be found from our website:

<http://www.kouvolansuunnistajat.fi/kilpailu/hisu-sm-pitka-ja-viesti-2015>

Welcome to enjoy Ski Orienteering!

**Kouvolan Suunnistajat ry**

